

Venue	Day	Event	Gender	Ages
<b>SSP</b>	<b>04/02/2012</b>	Warm-up: 12pm		
<b>1</b>		1500m Free	Boys	12 and over
		Warm-up: TBC		
<b>2</b>		800m Free	Girls	11 and over
<b>SSP</b>	<b>05/02/2012</b>	Warm-up: 12pm		
<b>3</b>		400m Free	Boys	10 and over*
<b>4</b>		400m Ind. Med	Girls	10 and over*
		Warm-up: TBC		
<b>5</b>		400m Ind. Med	Boys	10 and over*
<b>6</b>		400m Free	Girls	10 and over*
<b>Spectrum</b>	<b>03/03/2012</b>	Warm-up: 12:30pm		
<b>7</b>		100m Fly	Girls	11 and over
<b>8</b>		200m Breast	Boys	9 and over
<b>9</b>		200m Back	Girls	9 and over
<b>7 finals</b>		100m Fly	Girls	Finals
		Warm-up: TBC		
<b>10</b>		100m Free	Girls	11 and over
<b>11</b>		200m Fly	Boys	9 and over
<b>10 finals</b>		100m Free	Girls	Finals
<b>Spectrum</b>	<b>04/03/2012</b>	Warm-up: 9am		
<b>12</b>		100m Back	Boys	12 and over
<b>13</b>		100m Breast	Girls	11 and over
<b>14</b>		200m Free	Boys	9 and over
<b>13 finals</b>		100m Breast	Girls	Finals
<b>12 finals</b>		100m Back	Boys	Finals
		Warm-up: TBC		
<b>15</b>		200m Ind. Med	Girls	9 and over
<b>16</b>		200m Ind. Med	Boys	9 and over
		Warm-up: TBC		
<b>17</b>		100m Back	Girls	11 and over
<b>18</b>		100m Breast	Boys	12 and over
<b>19</b>		200m Free	Girls	9 and over
<b>18 finals</b>		100m Breast	Boys	Finals
<b>17 finals</b>		100m Back	Girls	Finals
<b>Crystal Palace</b>	<b>11/03/2012</b>	Warm-up: 9am		
<b>20</b>		50m Breast	Boys	9 and over
<b>21</b>		50m Back	Girls	9 and over
<b>22</b>		50m Fly	Boys	9 and over
<b>23</b>		50m Free	Girls	9 and over
<b>20 finals</b>		50m Breast	Boys	Finals
<b>21 finals</b>		50m Back	Girls	Finals
<b>22 finals</b>		50m Fly	Boys	Finals
<b>23 finals</b>		50m Free	Girls	Finals

\* Swimmers aged 9 who have achieved the 10-yr-old County qualifying time *and* who will be 10 by the entry date of the relevant Regional competition will be allowed to take part in 400m events, but will not score trophy points.

<b>Crystal Palace</b>	<b>11/03/2012</b>	Warm-up: TBC		
<b>24</b>		50m Breast	Girls	9 and over
<b>25</b>		50m Back	Boys	9 and over
<b>26</b>		50m Fly	Girls	9 and over
<b>27</b>		50m Free	Boys	9 and over
<b>24 finals</b>		50m Breast	Girls	Finals
<b>25 finals</b>		50m Back	Boys	Finals
<b>26 finals</b>		50m Fly	Girls	Finals
<b>27 finals</b>		50m Free	Boys	Finals
<b>Spectrum</b>	<b>17/03/2012</b>	Warm-up: 12:30pm		
<b>28</b>		100m Fly	Boys	12 and over
<b>29</b>		200m Breast	Girls	9 and over
<b>30</b>		200m Back	Boys	9 and over
<b>28 finals</b>		100m Fly	Boys	Finals
		Warm-up: TBC		
<b>31</b>		100m Free	Boys	12 and over
<b>32</b>		200m Fly	Girls	9 and over
<b>31 finals</b>		100m Free	Boys	Finals
<b>Crystal Palace</b>	<b>18/03/2012</b>	Warm-up: 9am		
<b>33</b>		4x100 Freestyle Relay	Boys	Senior
<b>34</b>		4x100 Medley Relay	Girls	Senior
<b>35</b>		4x50 Freestyle Relay	Boys	12/13
<b>36</b>		4x50 Medley Relay	Girls	12/13
<b>37</b>		4x200 Freestyle Relay	Boys	Open
<b>38</b>		4x50 Freestyle Relay	Girls	9/11
<b>39</b>		4x50 Medley Relay	Boys	9/11
<b>40</b>		4x100 Freestyle Relay	Girls	Junior
<b>41</b>		4x100 Medley Relay	Boys	Junior
		Warm-up: TBC		
<b>42</b>		4x100 Freestyle Relay	Girls	Senior
<b>43</b>		4x100 Medley Relay	Boys	Senior
<b>44</b>		4x50 Freestyle Relay	Girls	12/13
<b>45</b>		4x50 Medley Relay	Boys	12/13
<b>46</b>		4x200 Freestyle Relay	Girls	Open
<b>47</b>		4x50 Freestyle Relay	Boys	9/11
<b>48</b>		4x50 Medley Relay	Girls	9/11
<b>49</b>		4x100 Freestyle Relay	Boys	Junior
<b>50</b>		4x100 Medley Relay	Girls	Junior

Junior means swimmers aged 15 and under

Senior means swimmers aged 16 and over

Open means swimmers aged 9 and over